



VP Forensic Newsletter

A cost effective and quality focused agency

Positive feedback we have received

“Since working with VP I have found them to be very responsive to our service needs and the communication has been excellent”

- Lead Nurse – Secure service

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“I want to thank you for all your help over the past 18 months. The staff and service you have provided to us has been excellent. The fact that we have taken on two of your VP staff members as full time staff speaks volumes of the calibre of the staff you provide.”

- SB – Home Manager.

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Each month we will be selecting a new person to receive our recognition award and client feedback is important to help us chose the lucky person.

If you would like to provide us with any feedback about our services or a specific member of staff you can call our office and a catch up with any of our team on 08708504265.

Alternatively you can email our Branch Manager directly

Samantha.harper@vpfn.co.uk

Field Staff recognition award.

Each month here at VP forensic, we select a member of our team to receive our recognition award.

This month we have selected Bertha Hungwe to receive a thank you.

Bertha currently works in the Northampton area and has taken up shifts at late notice and changed her hours to meet the needs of our clients.

Bertha has also proved to be a good team player with supporting new staff and keeping in touch with the office staff regularly.

Bertha always gets positive feedback and we are very proud to have her as a member of our team.

WELL DONE BERTHA!!!



CLINICAL PSYCHOLOGY SERVICES

We provide support with:

- Developing/regaining skills
- Anxiety
- Depression & self-esteem
- Relationships
- Physical health & disability
- Post-traumatic stress
- Anger management
- Behavioural difficulties
- Carer distress
- Grief & loss
- Cognitive difficulties
- Physical & sexual abuse
- Eating disorders



Dr Shelley Parkin, BSc (Hons), MSc, DClinPsy, CPsychol, AFBPsS

Practitioner Psychologist with the Health & Care Professions Council

Chartered Clinical Psychologist with the British Psychological Society

**0870 850 4265
shelley.parkin@vpfn.co.uk
www.vpfn.co.uk**

VP Complex Care host a meet the meerkat day

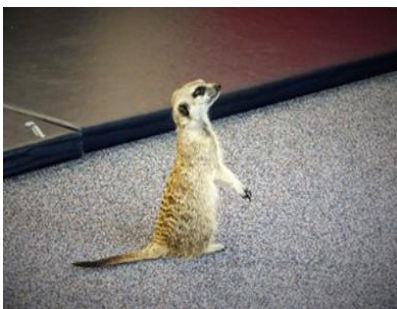
By Toni Saxton

What do you mean Meerkats can't be Support Workers?

Well, I suppose they can't reach door handles, or make food, or lift anything above our knees. Perhaps they can't join the VP Forensic employee list, but they were the perfect antidote to the Monday morning blues.

In case you missed our emails, tweets, Facebook announcements.... recently we held a meet the meerkat event for some of our clients here at the office.

Fred, Betty & Barney are three energetic meerkats brought to us by Hawks of Steele. Their handlers informed us that these siblings had been abandoned by their parents shortly after birth and sadly the pups were losing weight, being ignored and on their way to the meerkats' pearly gates. So they rescued and hand reared the litter, morphing the siblings into exciting curious meerkats who enjoy the company of humans.



It was our Director, Phil Walters, who first saw the meerkats whilst visiting Hawks of Steele. After asking a couple of questions he decided to give our clients the opportunity to meet these wonderful creatures. We admit that inviting meerkats into our office appears to be random. And yes, it could be a veiled excuse to play with some cute animals. However, after seeing our clients and their support team coming together, playing with the meerkats, meeting new people, it started to make more sense.

For people with a mental health illness, learning disability or an acquired brain

injury, new experiences can be difficult to undertake. Without a safe environment to be in and their required support network, new experiences can be unenjoyable and intimidating. With the meerkat visit booked Phil extended the invitation to our clients to come meet these marvellous creatures. Yes, this made the office staff extremely happy – but more importantly, Phil encouraged our clients to meet one another; people with a variety of abilities, in one room, enjoying the same activity.

What I saw was a day where clients and support workers could mingle and share a similar experience. The meerkats broke down any inhibitions and barriers we all had, they climbed on tables, heads, wheelchairs and climbed into a couple of handbags escaping with anything shiny they could find! Every single person left with a smile on their face and perhaps our clients grew in confidence. We hope that they are encouraged to try out other activities.

Overall I left work that day, feeling like I was part of a community. The focus was on engagement and laughter, not on KPIs or profit. On reflection, I am happy to know that I work for a company who effortlessly embody that disabilities are not limitations. This ethos is spearheaded by our Director. In arranging a seemingly simple event, Phil thought outside the box to connect and encourage our clients.

It was with the help of the most unlikely creature that the day was a success. Thank you to all that attended and enjoyed the hilarious antics of the meerkats

VP Forensic now provides their staff with more training compared than ever before.

Here is a list of the training we can provide to our staff. We doubt any other agency goes to these lengths to make sure your patients receive good quality care.

Mandatory training in line with the Care Certificate and more including:

- Understanding the support worker role
- Professional development
- Person Centred care
- Duty of Care
- Privacy and Dignity
- Basic life Support
- Immediate live support (nurses)
- Equality and Diversity
- Fluids and Nutrition
- Food Hygiene
- Health and Nutrition
- Infection Control
- Health and Safety
- Safeguarding adults and children
- Effective Communication
- Team Working and Professional Boundaries
- Person Centred Support
- RIDDOR
- Confidentiality and Information Handling.

Additional training includes:

- ABI Training
- Understanding Learning disability
- Autism Awareness
- Mental Health Awareness
- Mental Capacity Act
- Working in secure services and security measures
- Therapeutic management of violence and aggression.
- MAPA (BILD accredited),
- Understanding self-harm
- Effective observation training and accurate record keeping
- First Aid
- People moving and handling
- Epilepsy training
- Gender Identity

VP Complex Care

Nationwide providers of specialist community care and rehabilitation

For any queries relating to setting up any support package please do not hesitate to contact us via email with your referral.

Units 11, H20 Business Park, Lakeview Drive,
Sherwood Park, Nottingham NG15 0HT

Tel: 0870 850 4265

Website: www.vpfn.co.uk

Email community@vpfn.co.uk

Meet a Member of the VP Team

Name: Samantha Hearne

Position with VP: Administrator

How long have you been at VP?

I have worked for VP for 9 months

How did you get into care?

I got into care through attending my access to HE nursing and healthcare course, I then worked in a day nursery caring for children some of who had challenging behaviour.

What does good quality care mean to you?

Good quality care to me means providing an individual support to live a life full of potential and helping them to live an independent life.

What interests you most about health and social care?

Being able to help others and enable them to live a good quality of life within their own home.

If you could change one thing for those that experience mental health needs what would that be?

I do not like how the media portrays those experiencing Mental Health. I want to encourage more positivity and acceptance.

How do you feel about working with clients who display behaviours that challenge?

I work with People that show challenging behaviours because I enjoy helping them live an independent life and seeing the positive outcomes when we help them.

By ensuring I carry out the recruitment process thoroughly, I know that I am helping to safeguard our clients and I am proud to be a part of that process.

What is your experience of working at VP?

My experience of working at VP forensic is being welcomed into a warm environment where everyone is friendly and helpful. Everyone is very supportive.

I have also been nominated employee of the month for my hard work and support to everyone in the office.

What would you like the future to hold for you?

I would love to continue working in health and social care.

Quote that Samantha lives by:

'Always remember you are braver than you believe, Stronger than you seem and smarter than you think.'



Above is Sam receiving her flowers from our Director Phil, thanking her for all her hard work

Call VP to book in some of the staff that Samantha has helped us to recruit on 08708504265

Or via email bookings@vpfn.co.uk

Look out for further "meet the team" profiles on our website www.vpfn.co.uk

VP Training

As an independent training provider we can provide flexible and cost-effective training for your existing staff at your organisation including:

- No force first – passive supports, conflict management, de-escalation
- Therapeutic management of violence and aggression and breakaway
- Moving and handling
- ABI, Autism, learning disability, mental health training
- First aid – emergency, at-work and paediatric

To make a query please contact our office or email vp@vpfn.co.uk

VP Event Fixtures

14th September 2017

Headway Lincolnshire
From Roadside to Rehabilitation
The Showroom, Tritton Road, Lincoln

14th September 2017

ABI Solutions
Tech Con 2017
The Pullman International Hotel, St Pancras, London