

First Aid at Work Course

Description

It is a requirement of the Health and Safety law that employers should provide a safe and healthy environment for their employees. If the assessment of First Aid needs highlights the need for qualified First Aiders, then this course will provide you with suitable, highly trained personnel. This comprehensive three day course covers a wide range of First Aid emergencies, enabling all participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981.

Duration

A minimum of 18 hours spread over three days. Ideally, the course should be run over three consecutive days, but we have the flexibility to accommodate your specific needs if you so desire.

Syllabus

A range of subjects is covered including:

Legalities, responsibilities and reporting

Dealing with an unresponsive casualty

Resuscitation

Head injuries

Chest injuries

Asthma

Bandaging

Shock

Strains

Diabetes

Assessment of the situation

Fractures and spinal injuries

Control of bleeding

Heart attacks

Eye injuries

Sprains

Epilepsy

Choking

Poisoning

Burns

Certification

Subject to assessment, all participants will be issued with a First Aid at Work certificate (and wallet card) approved by the Health and Safety Executive. This qualification is valid for three years which can be renewed by attending a suitable two day requalification course. The HSE strongly recommends that all First Aiders attend an annual refresher programme of minimum three hours duration.

Numbers

A maximum of twelve students can be accommodated on this course.