

Emergency First Aid at Work Course

Description

Your risk assessment of First Aid needs may well identify the need for Emergency First Aiders either as an addition to your First Aiders, or where the risk of your business is low; it may well identify them as being sufficient without the need of additional First Aiders.

Duration

A minimum of six hours consisting of theoretical and practical activities.

Syllabus

Responsibilities and reporting

Assessment of the situation

Hygiene

Recovery position

Bleeding control

Resuscitation

Heart attack

Shock

Foreign objects

Angina

Choking

Minor burns and scolds

Seizures

Fainting

Anaphalaxis

Legalities

Certification

Assessment is ongoing by the instructor, and a three year qualification will be issued to those who meet the criteria. In addition, the HSE strongly recommend that all students undergo an annual refresher programme.

Numbers

A maximum of twelve students can be accommodated on this course. larger groups can be catered for but this will require further instructors.