

Annual Refresher Course for First Aiders and Emergency First Aiders

Description

The HSE strongly recommend that HSE qualified First Aiders and Emergency First Aiders undertake a n annual refresher course in order to keep their skills up to date.

Duration

A minimum of three hours, consisting of theoretical and practical activities.

Syllabus

A range of subjects is covered including:

Responsibilities

Communication skills

Primary survey

Top-to-toe survey

Recovery position

Action for vomit

Resuscitation

Chain of survival

Wounds and bleeding

Bandaging

Hygiene

Certification

A certificate of attendance will be issued.

Numbers

It is recommended that no more than twelve students attend this course.